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DCM Members

Monthly Live Training Schedule

May to June 2024

🎥 Free Live Training

🏆 Certificates

∞ Lifetime access

Hello,

Welcome to our upcoming series of Q2/24 webinars, exclusively for DCM Learning Members!

Q1/2024 saw over 2,000 learners join us and we are excited to welcome our members once again with a fresh and exciting schedule for you to continue to enjoy.

This quarter you can expect 3 fantastic **Guest Speakers**, a **full-day Mental Health First Aid** workshop, alongside **Women in Leadership, Excel, Lean, Management** and **Wellness** sessions to name a few!

We look forward to welcoming you and your teams very soon!



Ruth Caffrey



Membership Manager
ruth@dcmlearning.ie

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Q2 2024 SCHEDULE



Q2/2024 Members Webinar Schedule



Delivered via Zoom



All webinars recorded, except guest speaker events ★



Free and Unlimited for DCM Members

Guest Speaker Events



Peninsula HR

Guest Speaker Brian Murray

Updates to Employment Law 2024

May 9th 10am - 11am



International Day Against Homophobia, Transphobia and Biphobia with Guest speaker

Oisin O'Reilly, CEO of Outhouse

Creating a Safe Space for LGBTQ+ People At Work

May 14th 10am - 11am



Pride 2024 with TikTok Sensation, '@Ireland's Favourite Gay' & Guest Speaker, Meri Hernandez

A session to celebrate Pride 2024 and raise awareness of the LGBTQIA+ Community in Corporate environments

June 6th 10am - 11am

Wellness & Wellbeing

European Mental Health Awareness Week

Mental Health First Aid

A full-day workshop for Mental Health First Aid

May 13th 9:30am - 3:30pm

Let's Talk About...Building Healthy Relationships

June 21st 10am - 11am

MS Excel at Excel

Excel at Excel | NEW Spill Functions

May 10th 10am - 11:30am

Additional Date Added Due to High Demand

Excel at Excel | Intermediate Skills

May 27th 10am - 11:30am

Excel at Excel | Tips & Tricks

June 24th 10am - 11:30am

Women in Leadership

Female Drivers | Find Your Tribe (Networking)

May 20th 10am - 11am

Female Drivers | Self Advocacy

June 24th 2pm - 3pm

Management & Leadership

Leadership Skills | Journey to Success

May 3rd 10am - 11am

Middle Management | A Guide to Effective Decision Making

June 14th 10am - 11am

Lean & Business Agility

The Blueprint for Efficiency | Practical Lean Process Mapping

May 31st 10am - 11am

Lean Toolbox | 5 Essential Lean Tools

June 10th 10am - 11am

Soft Skills

Speak up & Stand Out | Public Speaking

June 11th 10am - 11am





Oisín O'Reilly
Outhouse LGBTQ+ Centre, CEO



Barry Murray
Peninsula HR



GUEST SPEAKER EVENTS



Meri Hernandez
'Ireland's Favourite Gay'



»» PENINSULA HR

EMPLOYMENT LAW UPDATES 2024

📅 9th May ⌚ 10am -11am 📺 Zoom

Join us for a collaborative session with HR and Employment Law expert Brian Murray from Peninsula. He'll discuss recent updates in employment legislation and offer advice on preparing for future changes.

Since 1997, Peninsula has been providing professional services to growing businesses in Ireland. Starting as a small business, they've grown over the years, and their values remain the same. They understand what small and large businesses need because they've been there!



Barry Murray

Peninsula HR

Employment Law and HR
Consultant at Peninsula HR
for 8+ years.



Topics Covered

- ✓ New and Upcoming Legislation Updates
- ✓ Contracts and Handbooks
- ✓ How Businesses Can Stay Compliant
- ✓ Legislation to Protect Employees and Employers
- ✓ Procedures for Employment Law

Register Now >

OUTHOUSE LGBTQ+ CENTRE

INTERNATIONAL DAY AGAINST HOMOPHOBIA, TRANSPHOBIA AND BIPHOBIA

Creating Safe Work Spaces for LGBTQ+ People at Work

📅 14th May ⌚ 10am -11am 📺 Zoom

Join us for this collaborative session with Outhouse CEO, Oisín O'Reilly to help support international day against homophobia, transphobia and biphobia.

Learn about the amazing work Outhouse does to support the community and how you too can help to create a safe space in your workplace.



Oisín O'Reilly

Outhouse LGBTQ+ Centre, CEO

D&I activist, Speaker, Governance Expert, Fundraising Expert, Strategic Leader and Problem Solver.



Topics Covered

- ✓ Fostering Safety, Inclusion & Authenticity in the Workplace.
- ✓ Identifying unconscious bias, microaggressions and harassment.
- ✓ Implementing safe and supporting intervention techniques.

[Register Now >](#)

»» ' @IRELAND'S FAVOURITE GAY' CELEBRATING PRIDE 2024

📅 6th June ⌚ 10am -11am 📺 Zoom

Meri Hernandez, widely recognised as '@Ireland's Favourite Gay,' emerged as TikTok's trailblazer of 2023. As a content creator based in Ireland, Meri achieved superstardom by sharing insightful posts that offer guidance on coming out and self-expression.

Notably, Meri is also a human rights lawyer focusing on LGBTQIA+ issues, which recently led her to speak at the European Parliament.

We are thrilled to welcome Meri and look forward to celebrating Pride 2024 with our members!



'@Ireland's Favourite Gay'

Meri Hernandez

TikTok's Trailblazer of 2023, LGBTQIA+ and Human Rights Advocate & Lawyer

🎵 80k+ Followers

📷 90k+ Followers



Topics Covered

- ✓ Get to know Meri and hear about her journey.
- ✓ What Pride means to Meri and the community and how organisations can join the celebration.
- ✓ Inclusive language and terminology.
- ✓ Q&A

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WELLNESS & WELLBEING



MENTAL HEALTH FIRST AID COURSE EUROPEAN MENTAL HEALTH WEEK

FULL DAY

Full Day Workshop

📅 13th May ⌚ 9:30am - 3:30pm 📺 Zoom

In recognition of European Mental Health Week, DCM Members get free and unlimited access to a full-day workshop on, Mental Health First Aid.

This course is designed to equip participants with essential skills and knowledge to provide initial support to individuals experiencing mental health challenges.



Sue Landsberg

DCM Learning Trainer

10 years + of Training Experience as an Executive & Life Coach & Mindfulness Trainer.



Topics Covered

- ✓ What is Mental Health
 - What factors affect Mental Health
 - Recognise Common Mental Health Issues
- ✓ Mental Health in the Workplace
 - Role and Responsibilities of an MH First Aider
 - Listening & Communicating Without Judgement
 - Reduce Workplace Stigma
- ✓ Supporting Mental Health
 - Action Plans
 - Signposting
 - Self-care and Resilience

[Register Now >](#)

WELLNESS & WELLBEING

LET'S TALK ABOUT ...BUILDING HEALTHY RELATIONSHIPS

21st June 10am-11am Zoom

Join us for an insightful webinar led by Sue Landsberg, an experienced relationship coach dedicated to helping individuals foster healthy and fulfilling connections.

Learn communication strategies, and conflict resolution, gain valuable insights and practical tools for building stronger, more meaningful relationships in both personal and professional spheres.



Sue Landsberg

DCM Learning Trainer

10 years + of Training Experience as an Executive & Life Coach & Mindfulness Trainer.



Topics Covered

- ✓ What a healthy relationship is, and isn't
- ✓ Assertively and confidently communicating your needs and having them met
- ✓ Establishing and maintaining healthy boundaries
- ✓ Effectively managing disagreements and misunderstanding

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EXCEL AT EXCEL



»» EXCEL AT EXCEL NEW SPILL FUNCTIONS

📅 10th May ⌚ 10am - 11:30am 🎥 Zoom

During this webinar, discover Spill Functions, a game-changing feature in Excel that revolutionises data manipulation and analysis.

Learn how to leverage spill functions to automate repetitive tasks, streamline data processing, and gain deeper insights from your datasets. Whether you're a novice Excel user or a seasoned pro, this webinar offers practical tips and real-world examples to help you harness the full potential of spill functions and supercharge your productivity.



William Campbell

DCM Learning Trainer

15 years + experience as a Business Trainer and Consultant.d consultancy services.



Topics Covered

- ✓ What are Spill Functions & How They Work
- ✓ Functions vs Excel Features
- ✓ Functions to Improve Existing Functions
- ✓ Errors and Best Practice
- ✓ Time Saving Features

[Register Now >](#)

»» EXCEL AT EXCEL INTERMEDIATE SKILLS

New Date Added Due to High Demand!

📅 27th May ⌚ 10am - 11:30am 📺 Zoom

Dive into the next level of Excel expertise with our Intermediate Excel Skills webinar, a comprehensive 90-minute session designed to elevate your spreadsheet proficiency. Discover advanced formulas, data manipulation techniques, and powerful functions that will enhance your ability to analyse and present data with precision.

Join us for this hands-on webinar where you'll gain practical insights and valuable skills that bridge the gap between basic and advanced Excel usage.



William Campbell

DCM Learning Trainer

15 years + experience as a Business Trainer and Consultant.d consultancy services.



Topics Covered

- ✓ Logical Functions
- ✓ LookUp Functions
- ✓ Data Analysis Tools
- ✓ Advanced Charting Techniques
- ✓ Data Clearning and Transformation

Register Now >

»» EXCEL AT EXCEL USEFUL TIPS & TRICKS

📅 24th June ⌚ 10am - 11:30am 📺 Zoom

In this one-hour webinar, you'll uncover a treasure trove of invaluable tips and tricks to maximize your productivity and efficiency in Excel.

Whether you're a beginner looking to level up your skills or an experienced user seeking to discover new efficiency-boosting strategies, this webinar promises to equip you with the knowledge and tools needed to excel in Excel.



William Campbell

DCM Learning Trainer

15 years + experience as a Business Trainer and Consultant.d consultancy services.



Topics Covered

- ✓ Speeding Up Data Entry
- ✓ Tidying Messy Data
- ✓ The Power of Names
- ✓ Keep Your Headings
- ✓ Trace Precedents
- ✓ Checking Your Formulas

[Register Now >](#)



WOMEN IN LEADERSHIP



»» FEMALE DRIVERS

FIND YOUR TRIBE

📅 20th May ⌚ 10am -11am 📺 Zoom

Find Your Tribe is an empowering and motivational session designed to unite women with a common goal: to grow and support one another. Whether you're just starting your leadership journey or have years of executive experience, this webinar provides invaluable insights and actionable tips to enhance your networking skills, elevate your voice, and excel in leadership.

Join us as we come together to connect, inspire, and empower each other on our paths to success



Rachel Owens

DCM Learning Trainer

4 years + of Training Experience as a Business Trainer and Business Mentor



Topics Covered

- ✓ Build Your Tribe
- ✓ Foster Collaboration and Mentorships
- ✓ Networking Techniques
- ✓ Empowering Action You Can Take

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»» FEMALE DRIVERS

SELF ADVOCACY

📅 24th June ⌚ 2pm -3pm 📺 Zoom

Self-advocacy is a transformative session dedicated to empowering individuals to speak up for their needs and rights. Whether you're navigating professional challenges, educational settings, or personal relationships, this webinar equips you with the tools and confidence to assertively advocate for yourself.

We will provide practical strategies and real-world examples to help you become your own strongest advocate. Join us as we celebrate the power of self-advocacy and inspire each other to embrace our voices, assert our worth, and create positive change in our lives.



Rachel Owens

DCM Learning Trainer

4 years + of Training Experience as a Business Trainer and Business Mentor



Topics Covered

- ✓ The Power of Self-Advocacy
- ✓ Because You're Worth It!
- ✓ Overcoming Self-Doubt
- ✓ Be an Action Woman

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MANAGERS & LEADERS



MANAGEMENT & LEADERSHIP

THE JOURNEY TO SUCCESS

3rd May 10am -11am Zoom

This dynamic session will dive into the crucial aspects of effective management and leadership, offering practical insights and strategies for navigating the path to success.

Whether you're a seasoned manager seeking to enhance your leadership skills or an aspiring leader aiming to climb the ranks, this webinar promises to equip you with the tools and knowledge needed to excel in today's competitive landscape.



Michelle Saurin

DCM Learning Trainer

8 + years of Training Experience specialising in Soft Skills and Management & Leadership.



Topics Covered

- ✓ Communication & Collaboration
- ✓ Decision Making
- ✓ Resilience
- ✓ Leadership Styles & Situational Leadership

[Register Now >](#)

»» MIDDLE MANAGEMENT A GUIDE TO EFFECTIVE DECISION MAKING

📅 14th June ⌚ 10am -11am 🎥 Zoom

This webinar will explore various decision-making tools, and real-world situations to enhance your ability to navigate complex challenges effectively.

Whether you're tasked with balancing competing priorities, managing risk, or driving organisational change, this webinar will equip you with the confidence and competence needed to excel in your role.



Michelle Saurin

DCM Learning Trainer

8 + years of Training Experience specialising in Soft Skills and Management & Leadership.



Topics Covered

- ✓ Introduction to Decision-Making
- ✓ Decision-Making Styles
- ✓ The Decision Making Process
- ✓ Factors Influencing Decisions
- ✓ Practical Decision Making Tips

[Register Now >](#)

The background of the entire image is a collage of six photographs showing various business scenarios: a man pointing at a sticky note on a whiteboard, three people looking at a computer monitor, hands pointing at documents on a table, a group of people in a meeting, a woman talking on a phone, and a man and woman discussing a document.

LEAN & BUSINESS AGILITY

LEAN INTO BUSINESS AGILITY BLUEPRINT FOR EFFICIENCY & PRACTICAL PROCESS MAPPING

📅 31st May ⌚ 10am - 11am 📺 Zoom

This session is designed to equip participants with the essential tools and techniques of Lean methodology, focusing on process mapping as a cornerstone for efficiency enhancement, offering invaluable insights to drive continuous improvement and sustainable growth within your organisation.



Padraig McCabe

DCM Learning Trainer

31 years + of experience in the global business sector & a Certified Master Black Belt in Lean



Topics Covered

- ✓ "Why Visual Process Mapping is Useful"
- ✓ Types of Process Maps
- ✓ Current State Mapping
- ✓ Current State Analysis
- ✓ Future State Mapping for Change

[Register Now >](#)

LEAN INTO BUSINESS AGILITY

YOUR LEAN TOOLBOX | 5 VITAL POWER TOOLS

📅 10th June ⌚ 10am - 11am 📺 Zoom

Whether you're new to Lean practices or seeking to deepen your understanding, this webinar offers a comprehensive toolkit to drive continuous improvement and achieve sustainable results.

Don't miss this opportunity to bolster your Lean toolbox and propel your organisation towards success.



Padraig McCabe

DCM Learning Trainer

31 years + of experience in the global business sector & a Certified Master Black Belt in Lean



Topics Covered

- ✓ The Importance of Gemba
- ✓ Settling the Correct Problem Statement
- ✓ Using Fishbone Analysis Correctly
- ✓ Focus Using Pareto Analysis
- ✓ Control Using Standard Work Principles

[Register Now >](#)



SOFT SKILLS



SOFT SKILLS SPEAK UP & STAND OUT WITH PUBLIC SPEAKING

📅 11th June ⌚ 10am - 11am 🎥 Zoom

In this one-hour webinar, you'll discover essential techniques and strategies to captivate your audience and deliver impactful presentations with confidence.

Whether you're looking to polish your skills or a novice seeking to conquer your fear of public speaking, this webinar offers practical insights and actionable tips to help you shine on stage.



Michelle Saurin

DCM Learning Trainer

8 + years of Training Experience specialising in Soft Skills and Management & Leadership.



Topics Covered

- ✓ Overcoming Fear & Building Confidence
- ✓ Mastering Delivery Skills
- ✓ Audience Engagement & Interaction
- ✓ Handling Nerves
- ✓ Practicing & Feedback

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WEBINAR CERTIFICATION

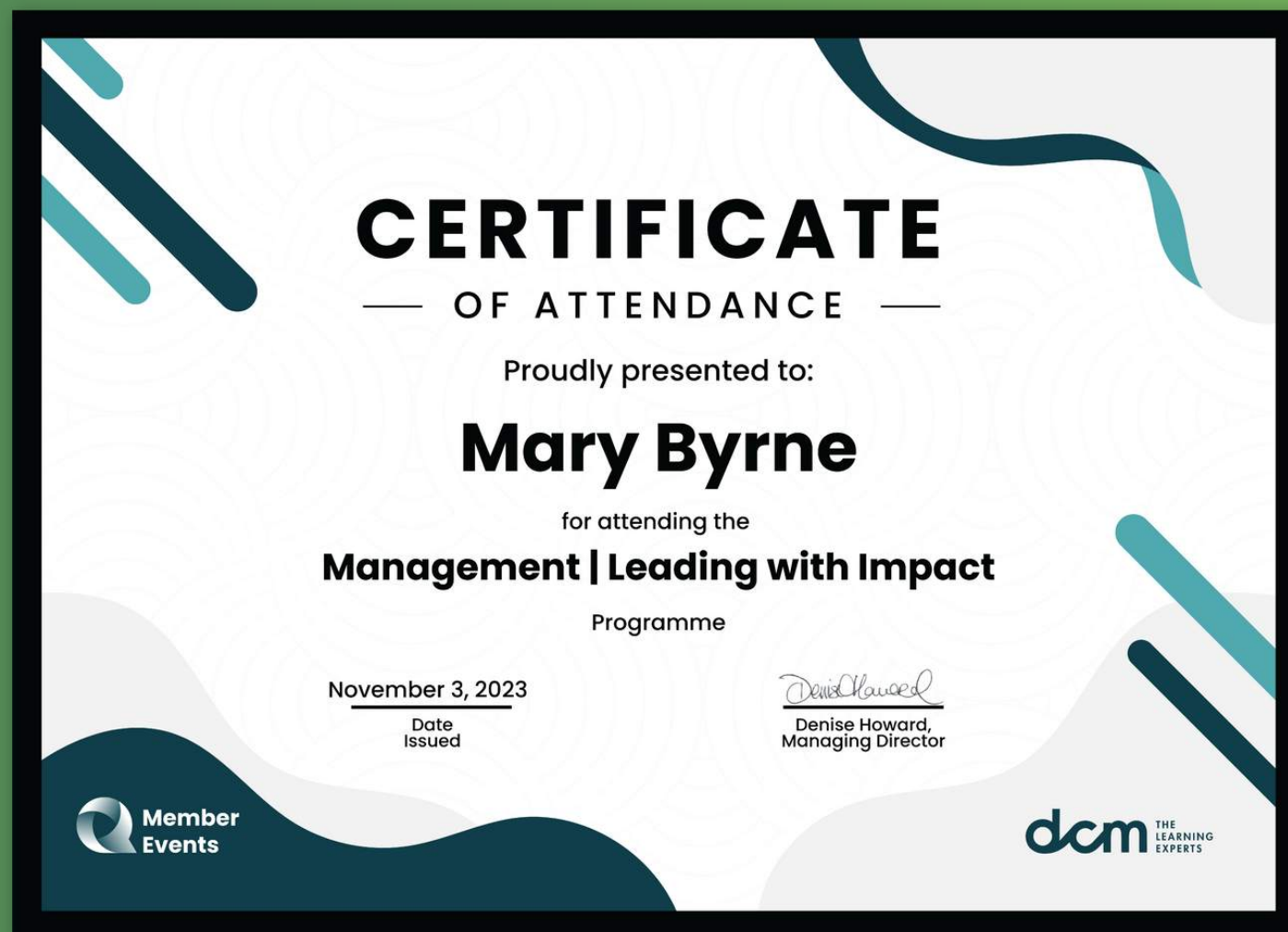
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