





# Exclusive Member Webinar Schedule

January to April 2024

Free Live Training



 $\infty$  Lifetime access

### Hi there,

### Welcome to our upcoming series of Q1/24 webinars, exclusively for DCM Learning Members!

Q4/2023 saw over 5,000 learners join us and we are excited to welcome our members once again with a fresh and exciting schedule for you to continue to enjoy.

This quarter you can expect more Women in Leadership, Lean, Management, Soft Skills, Wellness and now HR and L&D support topics too!

If you would like to offer this schedule out to your teams, please do not hesitate to reach out for more information on our membership package!



Ruth Caffrey

Membership Manager

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### Q1/2024 Members Webinar Schedule



Delivered Live via Zoom





Free and Unlimited for DCM Members

#### HR and L&D

Smart Solutions for HR & L&D: Chat GPT Feb 13th 3:00pm - 4:00pm and AI in Action Mar 8th 3:00pm - 4:00pm The Key to Effective Employee Reviews Looking Beyond the C.V | A Recruiters Apr 2nd 3:00pm - 4:00pm Guide to interviewing

### Women in Leadership

Female Drivers | Negotiate Your Path Feb 20th 3pm - 4pm Female Drivers | It's Never Too Late Mar 26th 3pm - 4pm Female Drivers | Speaking with Strength Apr 18th 3pm - 4pm

#### Excel

Excel at Excel   Basic Skills	Feb 26th 2:00pm - 3:30pm
Excel at Excel   Intermediate Skills	Mar 19th 2:00pm - 3:30pm
Excel at Excel   Advanced Skills	Apr 22nd 2:00pm - 3:30pm



### Managers & Leaders

Managing in Uncertain Times	Feb 23rd 10am -11am
Be More Than a Manager, Be a Mentor	Mar 21st 10am - 11am
Seek and Embrace Feedback	Apr 26th 10am - 11am

### Lean & Business Agility

Overcoming Barriers	Feb 12th 10am - 11am
Creating a Lean & Agile Culture	Mar 11th 10am - 11am
Spring Clean with Lean (Process Analysis)	Apr 29th 10am - 11am

#### **Soft Skills**

Harmony in Diversity	Feb 28th 10am - 11am
Discover your Presentation Super Powers	Mar 12th 10am - 11am
Handing Difficult & Challenging Situations	Apr 30th 10am - 11am

### Wellness & Wellbeing

The New Year's Resolution Revolution	Jan 18th 3pm - 4pm
Let's Talk AboutImposter Syndrome	Feb 8th 10am - 11am
Let's Talk AboutNegativity Bias	Mar 4th 10am - 11am
Let's Talk AboutSupporting Your	Apr 8th 10am - 11am



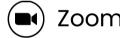




## >>> SMART **SOLUTIONS FOR** HR AND L&D CHAT GPT AND AI IN ACTION







Discover how ChatGPT (AI Tool) can revolutionise traditional processes from screening and handling initial candidate interactions to providing seamless employee support and guidance in challenging situations.

This webinar encourages participants to explore the full potential of ChatGPT within their role and redefine the future of workforce management.



### Joanne O'Brien

**DCM Learning Trainer** 

15 years + of experience as a sales and marketing training facilitator specialising in financial and consultancy services.



- ✓ Introduction to AI Tool ChatGPT and its capabilities
- Using ChatGPT for automated C.V screening
- ✓ Using ChatGPT for employee queries and asking for advice in difficult situations.
- ✓ Explore ChatGPT applications and AI applications









## **PERFORMANCE** MANAGEMENT

## THE KEY TO **EFFECTIVE EMPLOYEE REVIEWS**







Learn the strategies and best practices that empower HR, managers and leaders to conduct impactful performance assessments. Learn how to provide constructive feedback, set actionable goals, and foster a collaborative environment that promotes continuous growth within your organisation.



### **Rachel Owens**

**DCM Learning Trainer** 

4 years + of Training Experience as a Business Trainer and **Business Mentor** 



- ✓ Understanding the Purpose of Employee Reviews
- Establishing Positive a Feedback Culture
- ✓ Goal Setting and Performance Metrics
- ✓ Effective Communication Techniques







## LOOKING BEYOND THE C.V **A RECRUITERS GUIDE TO** INTERVIEWING





2nd April (1) 3pm - 4pm (2) Zoom



Whether you're a seasoned HR veteran or a Manager about to conduct your first interview, this webinar promises to equip you with the tools and strategies needed to identify top talent and make informed hiring decisions.

Don't miss this opportunity to improve your interviewing skills and contribute to building a high-performing and diverse team within your organisation.



### **Rachel Owens**

**DCM Learning Trainer** 

4 years + of Training Experience as a Business Trainer and **Business Mentor** 

- Emphasising the importance of thorough preparation.
- Exploring various interview formats.
- ✓ Evaluating essential soft skills.
- Ensuring alignment with company culture.









## >>>> FEMALE **DRIVERS**

## **NEGOTIATE YOUR LEADERSHIP PATH**







Women can face various challenges when negotiating career advancement and their leadership path.

The goal of this session is to offer strategies for better preparation and confidence building examining gender biases in the workplace and strategies to overcome these specific challenges as well as the success stories of women who have successfully navigated tough leadership journeys.





**DCM Learning Trainer** 

4 years + of Training Experience as a Business Trainer and **Business Mentor** 



- Understanding the Importance of Difficult Conversations
- Strategies for Preparation and Confidence
- Navigating Gender Bias and Overcoming Challenges







## **DRIVERS** IT'S NEVER TOO LATE





26th Mar (1) 3pm - 4pm (2) Zoom



This webinar is not just a testament to the achievements of women in leadership but serves as a rallying cry for those who believe that their time to lead is now.

Whether you're a seasoned executive or aspiring to break through the glass ceiling, join us for a session filled with inspiration, encouragement, and actionable advice. "It's Never Too Late" to embrace your leadership journey, and together, we'll pave the way for a future where women thrive at the forefront of success.





### **Rachel Owens**

**DCM Learning Trainer** 

4 years + of Training Experience as a Business Trainer and **Business Mentor** 

- ✓ Breaking Stereotypes
- ✓ The Trailblazers & Role Models
- ✓ Navigating Challenges and Seizing Opportunities







## >>>> FEMALE **DRIVERS**

## **SPEAKING WITH** STRENGTH





This session is tailored for women at every stage of their leadership journey, providing invaluable insights to amplify their voices in the workplace.

Learn the art of assertiveness, strength, and confidence in how you communicate, with practical techniques and real-world scenarios you can use to apply your newfound skill.



### **Rachel Owens**

**DCM Learning Trainer** 

4 years + of Training Experience as a Business Trainer and **Business Mentor** 



- Assertiveness vs. Aggressiveness
- ✓ The Power of Assertive Communication
- ✓ Navigating Authority Through Confidence









## >>>> EXCEL AT EXCEL **BASIC SKILLS**



26th Feb (l) 2pm - 3:30pm



Whether you're a novice or looking to refresh your knowledge, this session is tailored to equip you with essential skills for navigating and utilising Excel effectively. From spreadsheet navigation to basic formulas and formatting, we'll guide you through the fundamental tools that form the backbone of Excel proficiency.

Join us for an interactive and engaging session, where you'll gain practical insights and hands-on experience to boost your confidence in using Excel for everyday tasks. Don't miss this opportunity to enhance your spreadsheet skills and streamline your workflow in just 90 minutes!



### William Campbell

**DCM Learning Trainer** 

15 years + experience as a **Business Trainer and** Consultant.d consultancy services.



- ✓ Introduction to Excel
- ✓ Inputting Data into Cells
- ✓ Basic Forluma
- ✓ Common Functions
- ✓ Sorting & Filtering







## >>>> EXCEL AT EXCEL INTERMEDIATE **SKILLS**







Dive into the next level of Excel expertise with our Intermediate Excel Skills webinar, a comprehensive 90-minute session designed to elevate your spreadsheet proficiency. Discover advanced formulas, data manipulation techniques, and powerful functions that will enhance your ability to analyse and present data with precision.

Join us for this hands-on webinar where you'll gain practical insights and valuable skills that bridge the gap between basic and advanced Excel usage.



### William Campbell

**DCM Learning Trainer** 

15 years + experience as a **Business Trainer and** Consultant.d consultancy services.



- ✓ Logical Functions
- ✓ Lookup Functions
- ✓ Data Analysis Tools
- ✓ Advanced Charting Techniques
- ✓ Data Clearning and Transformation







## >>>> EXCEL AT EXCEL **ADVANCED SKILLS**



22nd Apr (1) 2pm - 3:30pm



( Zoom

From advanced data analysis techniques to User forms, you will discover functions to the advanced uses of Excel to take your skills to the next level.

Join us for an immersive and interactive experience, where you'll gain the expertise needed to tackle intricate data challenges and become a true Excel virtuoso. Elevate your skills in just 90 minutes and unlock a new level of proficiency!



### William Campbell

**DCM Learning Trainer** 

15 years + experience as a **Business Trainer and** Consultant.d consultancy services.



- ✓ Advanced-Data Analysis Techniques
- ✓ Advanced Lookup Functions
- ✓ Power Query and Data Modeling
- ✓ Data Model and Relationships
- ✓ Introduction to DAX









## **CLARITY**

## MANAGING IN **UNCERTAIN TIMES**



23rd Feb (1) 10am - 11am (1) Zoom





Join us as we dive deep into the concept of Managing in Uncertain Times in today's everchanging business landscape.



Gain a comprehensive understanding of what uncertainty means in the contemporary business environment, discover its profound effects on both organisations and individuals and draw inspiration from real-world success stories where organisations have skilfully navigated through uncertain waters.



### **Enda Larkin**

**DCM Learning Trainer** 

30 years' experience across multiple business sectors as an entrepreneur, manager, mentor, trainer and leadership author.

- Explore the modern definition of uncertainty in business.
- Understand how uncertainty affects companies.
- ✓ Learn how individuals can thrive in uncertainty.
- ✓ Discover organisations succeeding in uncertain times.







## >>>>> BEYOND THE **BOARDROOM**

## BE MORE THAN A MANAGER, BE A **MENTOR**







The session explores the evolving role of managers, underscoring the shift towards incorporating mentorship for enhanced leadership.

Participants will learn about the significant impact of mentorship on personal and professional growth, with real-world examples and strategies for building effective mentor-mentee relationships.



### **Enda Larkin**

**DCM Learning Trainer** 

30 years' experience across multiple business sectors as an entrepreneur, manager, mentor, trainer and leadership author.



- ✓ Managerial Evolution
- ✓ Mentorship Benefits
- ✓ Mentorship Skills
- ✓ Role Balancing







## >>>>> LEADING WITH **HUMILITY**

## SEEK AND EMBRACE **FEEDBACK**





26th Apr (1) 10am - 11am (1) Zoom



This session explores humble leadership, its impact on teams, and the benefits of being open to feedback and assistance, with real-world leader examples.



The session also discusses overcoming barriers to asking for help, strategies for fostering a feedback-friendly environment, and balancing confidence with humility, essential for those looking to enhance their leadership approach.



### **Enda Larkin**

**DCM Learning Trainer** 

30 years' experience across multiple business sectors as an entrepreneur, manager, mentor, trainer and leadership author.

- ✓ Humble Leadership Impact
- ✓ Seeking Help Strategies
- ✓ Feedback in Leadership
- ✓ Balancing Humility and Confidence







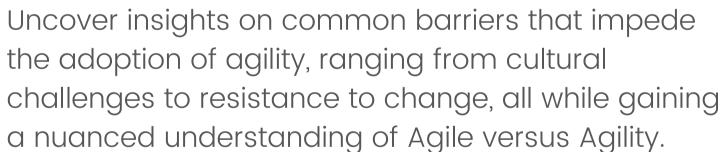


## >>>>> LEAN INTO **BUSINESS AGILITY** BREAKING **DOWN BARRIERS**









Learn how to establish a compelling business imperative, assemble a team of like-minded individuals, and craft a future state vision that propels your organisation towards success.



### **Padraig McCabe**

**DCM Learning Trainer** 

31 years + of experience in the global business sector & a Certified Master Black Belt in Lean



- Common barriers organisations face.
- ✓ Implimentation Techniques
- Cultural challenges and resistance to change factors that could be holding your team back.
- ✓ Practical tools and techniques that can be used to overcome these barriers.



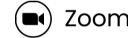




## >>>>> LEAN INTO **BUSINESS AGILITY CREATING A** LEAN CULTURE







Learn the essential pillars that serve as the bedrock of a Lean Culture, ranging from fostering leadership commitment to unleashing the power of employee engagement and empowerment.

Learn proven strategies for building and nurturing a Lean Culture, including the critical role of leadership, the implementation of reward and recognition programs, and the consistent dissemination of a Lean vision.



### **Padraig McCabe**

**DCM Learning Trainer** 

31 years + of experience in the global business sector & a Certified Master Black Belt in Lean

- ✓ "The Pillars of a Lean Culture
- ✓ Strategies for Building a Lean Culture
- Employee engagement and empowerment
- Celebrating the early wins while also building resilience in the face of setbacks







## >>>>> LEAN INTO **BUSINESS AGILITY**

## SPRING CLEAN WITH LEAN







Streamline your operations and achieve peak efficiency with our upcoming webinar, "Spring Clean with Lean."

This webinar is your opportunity to gain actionable insights into the world of lean thinking, process mapping, and continuous improvement. Discover practical strategies that will breathe new life into your workflows and set the stage for a more productive and streamlined future.



### **Padraig McCabe**

**DCM Learning Trainer** 

31 years + of experience in the global business sector & a Certified Master Black Belt in Lean



- ✓ Planting the Seeds of Lean
- ✓ Weed Out the Waste
- ✓ Blossom Efficiencies with Process Maps
- ✓ Spring into Action: Kaisen
- ✓ Fresh Growth









## >>>> POWER **SKILLS**

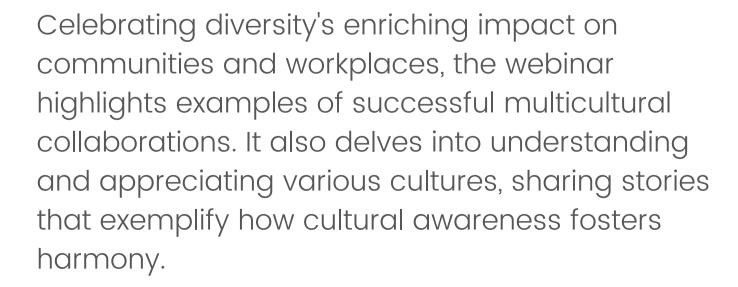
### **HARMONY IN DIVERSITY**



28th Feb (1) 10am - 11am (1) Zoom



The session then explores the definition of culture and its components, underscoring the need to recognise and respect cultural differences while debunking common misconceptions.





### **Charlotte Keating**

**DCM Learning Trainer** 

5 years + of Training Experience as a Life, Business and Creativity Coach, Corporate Trainer.



- ✓ Importance of Intercultural Awareness
- ✓ Understanding and Respecting Cultural Diversity
- Celebrating Multicultural Collaboration
- ✓ Understanding and Appreciating Cultures
- ✓ Building Inclusive and Accepting Environments







## >>>> POWER **SKILLS**

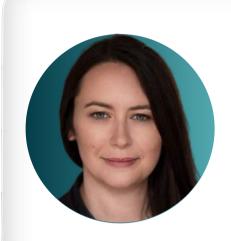
## **DISCOVER YOUR PRESENTATION SUPERPOWERS**





This interactive session covers key topics like identifying your unique strengths through selfassessment, mastering the art of storytelling for impactful presentations, creating visually stunning slides, and improving verbal communication.

Additionally, it offers effective strategies to overcome presentation anxiety, including breathing exercises and mindset shifts, ensuring a confident and compelling delivery.



### **Charlotte Keating**

**DCM Learning Trainer** 

5 years + of Training Experience as a Life, Business and Creativity Coach, Corporate Trainer.



- Uncovering personal presentation strengths.
- Storytelling in presentations.
- Enhancing visual and verbal skills.
- ✓ Managing presentation anxiety.

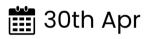






## >>>> POWER **SKILLS**

## HANDLING CHALLENGING **MOMENTS**



30th Apr (1) 10am - 11am (1) Zoom



The session starts by defining what challenging moments are and discussing common scenarios, highlighting how adept handling can significantly contribute to personal and professional growth. It delves into the crucial role of emotional intelligence in managing such situations, offering tips for recognising and regulating emotions. Emphasis is placed on active listening techniques as key tools in defusing tension, along with practical methods to enhance listening skills.



### **Charlotte Keating**

**DCM Learning Trainer** 

5 years + of Training Experience as a Life, Business and Creativity Coach, Corporate Trainer.



- ✓ Understanding & Managing Challenging Moments.
- Cultivating Emotional Intelligence.
- ✓ Enhancing Active Listening Skills.
- ✓ Conflict Resolution & Stress Management Techniques.









## THE NEW YEAR'S RESOLUTION REVOLUTION



### **Sue Landsberg**

**DCM Learning Trainer** 

10 years + of Training Experience as an Executive & Life Coach & Mindfulness Trainer.





iii 18th Jan (1) 3pm − 4pm (■) Zoom



Discover a fresh approach to New Year's resolutions with our webinar, "The New Year's Resolution Revolution," focusing on realistic goal-setting and the psychology behind resolutions. Learn techniques for forming positive habits and breaking old patterns, essential for long-term success. We'll guide you in creating a tailored action plan with specific, measurable objectives. Overcome setbacks and stay motivated with our strategies for resilience and persistence, revolutionising your personal growth journey.

- Rethinking Resolutions
- ✓ Goal Setting and Mindset
- ✓ Building Habits for Success
- ✓ Navigating Setbacks and Action Planning









## >>>> WELLNESS & WELLBEING

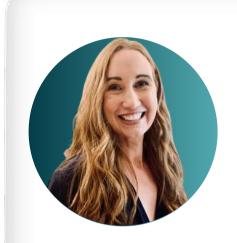
## LET'S TALK ABOUT ...IMPOSTER SYNDROME







Discover practical strategies to conquer self-doubt, boost confidence, and foster a positive mindset. Engage in meaningful discussions, share experiences, and empower yourself to effectively combat Imposter Syndrome in both professional and personal aspects of life.



### **Sue Landsberg**

**DCM Learning Trainer** 

10 years + of Training Experience as an Executive & Life Coach & Mindfulness Trainer.

- ✓ Define Imposter Syndrome and its impact
- Recognise its signs and types
- ✓ Learn self-confidence strategies
- ✓ Foster a positive mindset





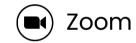


## >>>> WELLNESS & WELLBEING

## LET'S TALK ABOUT ...THE NEGATIVITY **BIAS**







Understand its definition, evolutionary purpose, and real-life impact on decision-making and relationships. Learn practical strategies for overcoming it, including cultivating a positive mindset and practicing mindfulness. Discover the importance of a positive workplace culture and the role of a Mental Health Champion. Join us in creating a more positive environment in both personal and professional settings.



### **Sue Landsberg**

**DCM Learning Trainer** 

10 years + of Training Experience as an Executive & Life Coach & Mindfulness Trainer.

- ✓ Understanding Negativity Bias
- ✓ Impact on Well-being and Relationships
- ✓ Strategies to Overcome Negativity Bias
- Creating a Positive Environment







## >>>> WELLNESS & WELLBEING

## LET'S TALK ABOUT ...SUPPORTING YOUR CHILDS MENTAL HEALTH



**>>>>>** 



**DCM Learning Trainer** 

10 years + of Training Experience as an Executive & Life Coach & Mindfulness Trainer.







Gain a deeper understanding of a child's mental health, Learn to recognise signs of struggle and how to approach the conversation and help to create a positive mental health environment at home where you can communicate effectively about emotions, and build parental resilience.

- ✓ Understanding Children's Mental Health
- ✓ Nurturing a Positive Family Environment
- ✓ Seeking Professional Help
- Counselors vs. Psychotherapists

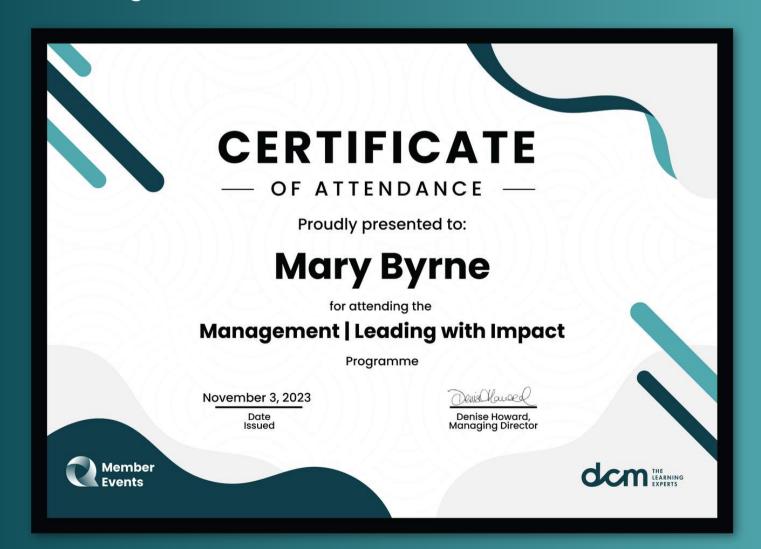




## >>> WEBINAR CERTIFICATION

Join a webinar for 30 mins or more and you will receive...

an official certificate of attendance from DCM Learning.





Missed the live session? You can still receive a certificate...

Receive a DCM Learning certificate on self reported completion of the content





### Join Our Membership

With one annual fee, your entire organization gets free access to our live sessions, mini-programmes, a custom learning hub, and a generous discount on additional training.

#### DCM Learning Membership Package Pricing

Small Organisation	20 or less employees	€495 p.annum
Medium Organisation	21 - 149 employees	€695 p.annum
Large Organisation	150+employees	€995 p.annum

Contact me, ruth@dcmlearning.ie for more information and to join us today!



Ruth Caffrey

Membership Manager

